



ARIZONA NEUROLOGY ASSOCIATES
Providing comprehensive neurological care.

Appointment Date: _____

Appointment Time: _____

Dear Patient,

You have been referred for a neuropsychological evaluation at Arizona Neurology Associates (ANA). Your appointment is with one of our clinical neuropsychologists, Ted W. Etling PsyD, Christina Figueroa PhD, or Nathan Harris PsyD (fellow). This type of evaluation is part of the full neurological work up and assesses your cognitive/thinking skills. The evaluation results provide key information that will assist your neurologist in making treatment decisions.

- The evaluation will take 2 to 2 ½ hours or more for most, so you may bring snacks and/or something to drink. Those patients who are under 60 years old can sometimes take 3 hours or more.
- If you wear glasses, even reading glasses, bring them to the evaluation.
- If you have hearing aids, it is important that you wear them.
- If you bring your cell phone, it should be turned off or placed on vibrate during testing.
- **It is important to complete the enclosed paperwork prior to the appointment or arrive at your appointment 20 minutes early to fill out the forms in our office.**

Please call us as soon as possible if you need to reschedule or cancel as it takes a considerable amount of time to fill the time slot with another patient (Nancy at 623-377-7410 ext. 143). **No shows or cancellations less than 24 hours before the appointment time are subject to a \$50.00 cancellation charge.**

We look forward to participating in your healthcare. Please do not hesitate to call us if you have any questions about the appointment. ***Ask for Nancy at extension 143.***

**Arizona Neurology Associates
Department of Neuropsychology
10474 W. Thunderbird Blvd., Suite 200
Sun City, Az. 85381
623-377-7410 office
866-798-8023 fax**



ARIZONA NEUROLOGY ASSOCIATES
Providing comprehensive neurological care.

Arizona Neurology Associates
Neuropsychology Department
10474 W. Thunderbird Blvd., Suite 201
623-377-7410 office
866-798-8023 fax

Theodore W. Etling, Psy.D., Director of Neuropsychology
Nathan Harris, Psy.D., Neuropsychology Post-Doctorate Fellow

Patient Name: _____

Questionnaire Completed by: _____

Relationship to Patient (circle) Self Spouse/Partner Child Sibling Friend Caregiver Attorney

Patient Background Information

Age: _____ Date of Birth _____ Gender _____ Ethnicity _____

Native Language: _____ Preferred Language: _____

Marital Status (circle) Married Divorced Never Married Widow Years? _____

How many times have you been married? _____

If you have children, how many? _____ Do they live in AZ? (Yes/No) _____

Which hand do you write with? _____ Did you ever change from one hand to the other? (YES/NO)

Do you live in a house, condo, apartment, group home or assisted living? _____

Who do you live with? _____

What kind of work do you currently do **or** have done? _____

Are you retired? (YES/NO) If so, at what age did you retire? _____

Have you applied for disability benefits? (YES/NO)

Was your application for benefits granted? (YES/NO) Or is the application pending? (YES/NO)

What medical or psychiatric diagnoses were the reason for going on disability? _____

Military Service? (Yes/No) Is yes, what branch (Circle: USAF, Army, Navy, Marines, Coast Guard)

Were you deployed to a combat zone? (Yes/No)

Have you been exposed to: (Circle: Agent Orange, Heavy Metals, Chemical Agents, IED's/Bomb blasts? (Yes/No)

EDUCATION

-How far did you go in school? (Circle all that apply) *High School Diploma, GED, Undergraduate College Degree (CIRCLE: 2-year degree or 4 year degree), Masters Degree, Doctorate Degree.*

-If you did not finish high school, what grade did you last complete? _____

What was the reason or reasons you left school early? _____

-Were you ever in special education classes? (YES/NO) If so, which classes did you need assistance with? _____

MEDICAL HISTORY

Are you experiencing:

- Memory loss of recent conversations and/or events? (YES/NO)
- Misplacing Items? (YES/NO)
- Forgetting names of familiar people? (YES/NO)
- Forgetting faces of familiar people? (YES/NO)
- Problems with paying attention or getting easily distracted? (YES/NO)
- Problems finding words/pauses during conversations? (YES/NO)
- Problems finding words or names of common objects? (YES/NO)
- Understanding words or instructions? (YES/NO)
- Difficulties problem solving or reasoning? (YES/NO)
- Difficulties with decision making or using sound judgement? (YES/NO)
- Difficulties with visual perception? (YES/NO)
- Problems with the sense of taste and/or smell (YES/NO)
- Problems with the sense of vision and/or hearing? (YES/NO)

-With regard to the changes in thinking skills above, **how** many years or months ago did you begin to notice these changes? (Please specify # of months or years) _____

-Did these changes occur **abruptly/quickly** (such as due to a stroke, mini stroke or head injury, etc.)? (YES/NO)

Did these changes occur **gradually**? (YES/NO)

Do you feel like the changes in your thinking skills over time have **Worsened since they began/Stayed the same/Improved**? (Circle one)

-Has anyone in your immediate family been diagnosed with any kind of dementia such as Alzheimer's Disease (YES/NO) including mother, father, brother, sister, grandmother, grandfather, uncle, and/or aunt? (Circle all that apply).

Circle all that apply to your health history:

- | | | |
|---------------------------|------------------------|----------------------|
| Brain Surgery | Brain Aneurysm | Stroke/CVA |
| Mini Stroke/TIA | Head Injury/Concussion | Dementia/Alzheimer's |
| Frontal Temporal Dementia | Lewy Body Dementia | Vascular Dementia |

Parkinson's Disease	Multiple Sclerosis	Seizures/Epilepsy
Transient Global Amnesia	Brain Tumor/Brain Abscess	ADD/ADHD
Breast Cancer	Chemotherapy/Radiation	Exposure to Bomb blasts/IED's
Fainting/Syncope	Dizziness	Urinary Incontinence
Vitamin B12 Deficiency	Vitamin D Deficiency	Sleep Apnea
Migraine	Tension Headaches	Tremors
Meningitis	Encephalitis	HIV/AIDS
Hepatitis	Double Vision	Frequent Falls
Coma	General anesthesia (surgery)	Dyslexia
Exposure to heavy metals	Valley Fever/Lyme's Disease	Chronic Pain

Have you ever had a neuropsychological evaluation before? (YES/NO)

MENTAL HEALTH HISTORY

Circle all that apply:

Depression	Anxiety	Post-Traumatic Stress Disorder (PTSD)
Panic Attacks	OCD	Fear of Social Situations
Bipolar Disorder	Schizophrenia	Delusions
Paranoia	Personality Disorder	Hallucinations (auditory and/or visual)
Suicidal Thoughts	Homicidal Thoughts	Personality or behavioral changes
Alcoholism	Substance Abuse	Prescription Abuse

Do you currently have a psychiatrist? (YES/NO)

Do you currently have a counselor/psychologist? (YES/NO)

Do you take an antidepressant or medication to manage anxiety? (YES/NO)

Do you take medication for hallucinations or delusions? (YES/NO)

Have you ever been to the ER or been hospitalized due to psychological distress (depression or suicidal thoughts/attempts, anxiety attacks, etc.)? (YES/NO)

If so, what year did this occur and which facility/hospital were you in? _____

Have any of your children been diagnosed with a psychiatric condition? (YES/NO)

Do you have insomnia? (YES/NO) If so, how much do you typically sleep a night? _____

Do you have problems with falling asleep, getting to sleep or both? _____

How much did you sleep last night? _____

Do you act out in your sleep (kicking, screaming, punching, shouting, and/or reenact your dreams)? (YES/NO)

How much alcohol do you consume in an average week? _____

Have you ever been treated for alcoholism? (YES/NO) If so, was it inpatient or outpatient treatment? _____

Do you get regular exercise? (YES/NO) If so, explain _____

Do you regularly socialize? (YES/NO) or do you tend to stay home more? (YES/NO)

INSTRUMENTAL ACTIVITIES OF DAILY LIVING

Circle **(ONE)** number below in each section that best indicates your ability if you had to perform the task alone using your **thinking skills (do not take into consideration physical limitations)**. If you had to perform the skill below, which number best describes your ability?

Section 1. Ability to Use Telephone Section

- 1 Operates telephone on own initiative, looks up and dials numbers
- 2 Dials a few well-known numbers
- 3 Answers telephone, but does not dial out
- 4 Does not use telephone at all

Section 2. Shopping Section

- 1 Takes care of all shopping needs independently
- 2 Shops independently for small purchases
- 3 Needs to be accompanied on any shopping trip
- 4 Completely unable to shop

Section 3. Food Preparation Section

- 1 Plans, prepares, and serves adequate meals independently
- 2 Prepares adequate meals if supplied with ingredients
- 3 Heats and serves prepared meals or prepares meals but does not maintain adequate diet
- 4 Needs to have meals prepared and served

Section 4. Housekeeping Section

- 1 Maintains house alone with occasional assistance (heavy work)
- 2 Performs light daily tasks such as dishwashing, bed making etc.
- 3 Performs light daily tasks but cannot maintain acceptable level of cleanliness
- 4 Needs help with all home maintenance tasks
- 5 Does not participate in any housekeeping tasks

Section 5. Laundry Section

- 1 Does personal laundry completely
- 2 Launders small items, rinses socks, stockings, etc.
- 3 All laundry must be done by others

Section 6. Mode of Transportation Section

- 1 Travels independently on public transportation or drives own car
- 2 Arranges own travel via taxi but does not otherwise use public transportation
- 3 Travel on public transportation when assisted or accompanied by others
- 4 Travel limited to taxi, Uber, or automobile with assistance of another
- 5 Does not travel at all

Section 7. Responsibility for Own Medications Section

- 1 Is responsible or taking medications in correct dosages at correct time
- 2 Takes responsibility if medication is prepared in advance in separate dosages
- 3 Is not capable of dispensing own medication

Section 8. Ability to Handle Finances Section

- 1 Manages financial matters independently (budgets, writes checks, pays rent and bills, goes to bank) collects and keeps track of income
- 2 Manages day to day purchases but needs help with banking, major purchases etc.
- 3 Incapable of handling money

EPWORTH SLEEPINESS SCALE FORM

Instructions: Be as truthful as possible. Read the situation in the first column; select your response from the second column; enter that number in the third column.

Situation	Responses	Score
Sitting and Reading	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
Watching Television	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
Sitting inactive in a public place, for example, a theater or a meeting	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
As a passenger in a car for an hour without a break	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
Lying down to rest in the afternoon	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
Sitting and talking to someone	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
Sitting quietly after lunch when you've had no alcohol	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
In a car while stopped in traffic	0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	